Overview: A pre-employment readiness program designed to support individuals experiencing unemployment, disengagement, or confidence barriers to take the first step toward meaningful participation in work, training, or community. BRAVE focuses on building internal resilience, clarifying personal values, and fostering self-agency through guided reflection, strengths-based coaching, and group engagement. This foundation equips them with the mindset and emotional skills to navigate confidence, strength and purpose.

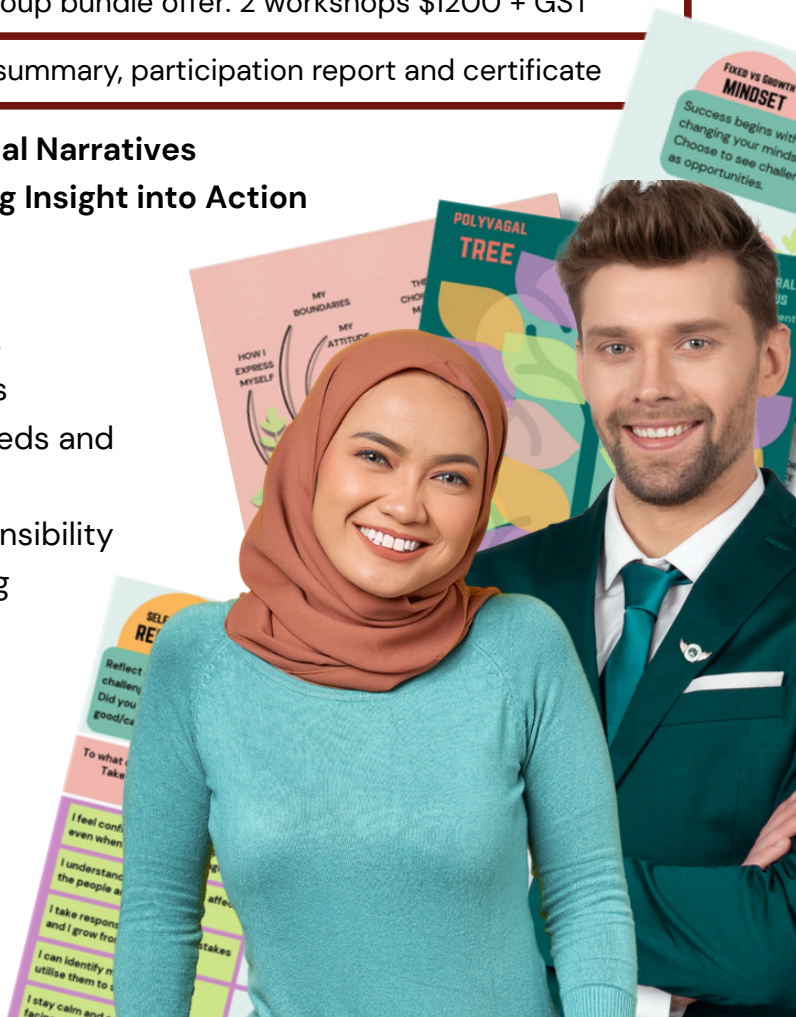
It's fully mapped to IEA, Workforce Australia, and TTW outcomes, meaning it directly supports your KPIs. Best of all, it's a zero-lift delivery; we handle all facilitation, resources, and reporting.

Onsite delivery options	1 × 4-hour onsite group or 2 × 2-hour onsite group
Online delivery options	6 × 1-hour group online or 6 × 1-hour individual online
Allied health component	Delivered by ACA & PACFA approved counsellors
Onsite group referrals	Minimum 8 billed | Maximum 16 (16+ available with adjusted format/co-facilitation)
Cost per participant	Group: $690 + GST* Online group: $850 + GST Online Individual: $1500 + GST *Onsite group bundle offer: 2 workshops $1200 + GST
Post program commitment	Outcome summary, participation report and certificate

Part 1: Challenging Existing Mindsets & Internal Narratives
Part 2: Strengthening Self-Belief & Translating Insight into Action

Learning Outcomes:

- Cultivate self-belief and mindset readiness
- Clarify personal values, strengths, and goals
- Build confidence in expressing personal needs and boundaries despite self-doubt
- Encourage agency, engagement, and responsibility
- Foster peer connection and shared learning



COMPLIMENTARY
Customised Interactive Therapy Resources
Interactive Workbook (Value $60)
Recommended Resources